

Recommended 2 class/week, Effective from December 18th, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Training Course		
MONDAY	TUESDAT	WEDINESDAY	INUKSDAT	FRIDAT	SATURDAT	1. Beginner Class 6 months		
Private Lesson Available							nite, Yellow)	
3:30 ~ 4:10	3:30 ~ 4:10	3:30 ~ 4:10	3:30 ~ 4:10	3:30 ~ 4:10	10:00 ~ 10:50 AM		2.Intermediate Class 1 year	
Child Beginners	Child Intermediate	Child Beginners	Child Intermediate	Make-Up Class	Make-Up Class	(Wh	nite ~ Green, Purple ~ Blue)	
White, Yellow	Purple ~ Blue	White, Yellow	Purple ~ Blue	All Belts	All Belts		Ivanced Class	
4:20 ~ 5:00 Child Intermediate	4:20 ~ 5:00 Child Advanced	4:20 ~ 5:00 Child Intermediate	4:20 ~ 5:00 Child Advanced	4:20 ~ 5:50	11:00 AM ~	1 year (Sr.Blue, Brown, Sr.Brown, Red, Sr.Red) 4. Black Belt Class		
Purple ~ Blue	Sr.Blue ~ Sr.Red	Purple ~ Blue	Sr.Blue ~ Sr.Red	Black Belts	Special Class		3 years	
5:10 ~ 5:50 Child	5:10 ~ 5:50 Child	5:10 ~ 5:50 Child	5:10 ~ 5:50 Child	Demo Class	Black Belt Candidates Training	1st Da	Beginner ~ 1st Dan 1st Dan ~ 2nd Dan	
Advanced	Beginners	Advanced	Beginners		Competitors	5. Instructor Course		
Sr.Blue ~ Sr.Red	White, Yellow	Sr.Blue ~ Sr.Red	White, Yellow		Training	6. Ma	6. Master Course	
6:00 ~ 6:40 Child	6:00 ~ 6:40	6:00 ~ 6:40 Child	6:00 ~ 6:40	6:00 ~	Instructor Training	Course	Tuition Program	
Beginners White, Yellow	Black Belt	Beginners White, Yellow	Black Belt	Special Class	Private Lesson	Option 1		
6:50 ~ 7:30	6:50 ~ 7:30	6:50 ~ 7:30	6:50 ~ 7:30	Black Belt Candidates Training		0.4		
Black Belt	All Ages Family Class	Black Belt	All Ages Family Class	Competitors Training	No Pain, No Gain~!! Always finish	Option 2		
7 40 0 20	- 40 0 00	7 40 0 00	- 40 0 00	Instructor Training	what you start~!!	Start day		
7:40 ~ 8:20	7:40 ~ 8:20	$7:40 \sim 8:20$	7:40 ~ 8:20	Private Lesson	Never Give UP~!	Class	Class Date & Time	
Teen & Adult	Black Belt	Teen & Adult	Black Belt		Set a Goal in Life~!		: ~ :	
							: ~ :	
8:30 ~ Private Lesson Available							: ~ :	

[•] Every class full sparring gear required • Private Lesson : See Master to arrange a time. • Students should arrive 5 minutes before class; immediately change into Do-Bok and stretch quietly.